The New Social Dances: The Gavotte: Lesson 2

By Mlle. Anna Pavlowa

The Figures in the Gavotte Are Very Much Like Those in the Stately Minuet

(This is one of a series of articles especially written for The El Paso Herald by Mlle. Anna Pavlowa, the greatest living premiere danseuse, who has posed with her dancing partner, Laurenti Novikoff, for each figure. The dances to be explained and illustrated are those now in vogue in society ballrooms.)

AS a dance of the minuet type, the Russian gavotte reflects not only the slow, measured spirit characteristic of that dance, but it contains also some figures and poses closely identified with it. Salutations are quite as much a factor in the Russian gavotte as of the minuet.

In the preceding article we explained that for purposes of illustration—and inasmuch as the positions of both the man and the woman are approximately the same in this dance—I have posed without my partner.

The poses herein explained are the third and fourth in the Russian gavotte. The third is the full-armed salute, recovering from pose two (covered in the previous article). As is revealed in figure A, the full-armed salute demands a bearing and a finish that cannot be gained in a few minutes' practice. Even where the dancer is more or less expert in the semi-fancy figures used in the tango or hesitation waltz there is required a deal of work before the essential grace can be mastered.

Relaxation is, perhaps, one of the principal things to cultivate, for with relaxation there comes repose, which is the basis of all grace. The full-armed salute calls for the weight of the body to be carried on the left leg, while the toe of the right foot is pointed. The arms, as herein shown, are carried a bit behind the body and the head turned to one side.

The forward flourish is a pose in which the qualities of airiness must be displayed. There should be no slumping of the body in this figure; no heavy movement of the arms or legs. Buoyancy must be denoted to the last detail even in the expression of the face, and the man, especially, will do well to cultivate these qualities.

Passing from the full-armed salute to the forward flourish must be accomplished with dignity and deliberate movement, but with the swinging into position in this latter figure both partners will do well to summon all their springiness and vivacity for the finish, which makes this pose so effective.—Copyright, 1913, by the McClure Newspaper Syndicate.

Daily Fashion Hint

BY LA RACONTEUSE

Essentially a motor coat, warm, light in weight, and smart for town wear, of "Bois" (wood) velours de laine, or of the soft vicuna cloth. Cut in kimono shape the fullness is tightened at the back at the height of the hips, by broad stitched plaits and at the front, the bottom, fully plain, is stitched over the higher part gathered at half length. A broad band of martre (martin) trims the neck and the cuffs. Lined with satin throughout. (Photo by Felix, Paris—Supplied by International News Service.)

Cards

Mrs. F. B. Guinn entertained recently with two tables of bridge and a luncheon. The tables were decorated in red carnations and place cards. The flowers attached were tied with red and green Christmas colors. Silver candelabra with red candles were decorative and ferns were effectively used. Those present were: Mesdames R. B. Homan, D. Baker Smith, J. G. Barada, A. R. Klein, T. J. Stafford, W. E. Miller, F. B. Guinn. Mrs. D. Baker Smith won the prize.

* * *

The "Bridge-it" club will meet on Saturday night at the home of Miss Constance Pateman.

Scott White's Christmas Catalog.

We know everybody is in a hurry now, so, to assist you as much as possible, we present below our Christmas catalog:

Safey razors
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(Advertisement.)

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SPECIAL SPANISH DISHES.
MUSIC BY REGULAR ORCHESTRA.
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Out Of Town Visitors

Mrs. Hugo C. Meyer and little daughter, Waldo, are here from Albuquerque visiting Mr. and Mrs. R. H. Thorne of this city. They will remain during the holidays.

* * *

Dr. Carlos Husk, of Mexico, who has been attending the surgical congress in Chicago and has been visiting in the east, has returned to El Paso.

By patronizing Wisteria Cafe, you pass up the Chinks. Get the habit. Patronize white people.—Advertisement.

The Private Dining Rooms at the Zeiger are now open; entrance through Main Street side of Hotel.—Advertisement.

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SOCIETY

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SOCIAL CALENDAR.
Thursday.
Silent Twelve club meets.
Order of Eastern Star has social meeting.
Mrs. Frank Simmons entertains with luncheon.

Church Affairs

The city B. Y. P. U. will hold its regular monthly meeting at the First Baptist church on Friday evening at 8 o'clock, at which time the annual election of officers will be held.

* * *

A combined literary and social meeting of the woman's missionary society of Trinity Methodist church was held in the church parlors on Tuesday afternoon. Mrs. I. J. Ayers presided. A blackboard scripture lesson was given by Mrs. R. T. Wood. The Lord's prayer was repeated in concert. Mrs. J. Mack Crawford gave a paper on the "Women of Old Testament Times." Mrs. G. L. Jones told a beautiful Christmas story. Misses Irene and Lilla Gaylord rendered a duet very pleasingly and the literary program was closed with sentence prayers. A social hour was enjoyed, given in honor of Mrs. P. C. Archer of Chicago, sister of the Mrs. C. Wesley Webdell. Spring flowers decorated the parlor and were presented to the guest of honor at the close of the hour. Mrs. Mary Webb received the guests at the door; Mrs. C. T. Race poured coffee, and the hostesses for the day were Mrs. Wood and Mrs. I. J. Ayers. Those present were reminded of the approach of Christmas when they were served plum pudding and coffee.

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The Associational auxiliary of the Baptist churches of El Paso gave a "Jubilate" program on Tuesday afternoon at the First Baptist church. The scripture lesson was given by Mrs. C. V. Jackson; prayer was offered by Mrs. J. F. Williams. "The History of the Woman's Missionary Union" was given by Mrs. S. Harris; Mrs. M. L. Griffith's paper was on "Our Spiritual Needs;" "Looking Forward to the Future of the Woman's Missionary Union" was read by Mrs. H. F. Harris; "Our Duty to the City, and How to Fulfill It" was given by Mrs. W. F. Hatchell. A discussion on "personal service" then followed, and was led by Mrs. Stanley Bevan. Miss Mamie Clark sang a hymn, "Just a Little Bit of Love." Mrs. A. J. Rose, the president, presided. Mrs. J. H. Myers is secretary and took the minutes of the meeting.

* * *

Views of the Holy Land were shown to the Presbyterian and Trinity church men Tuesday evening at the First Presbyterian church by Rev. Kenneth Brown, of the East El Paso Presbyterian church, and Rev. C. L. Overstreet, of the First Presbyterian church. It was the regular monthly meeting of the Presbyterian Men's club, to which the Trinity Methodist men had been invited. The slides were made in the places of Biblical interest in the Holy Land by the two ministers, who explained them as they were shown. The Presbyterian club decided to send a Navajo rug as a present to Mrs. William Ellis, wife of the editor of "The Field of the Continent," a Presbyterian publication. Mr. Ellis spoke before the club recently.

* * *

Misses Irene and Lilla Gaylord and Messrs. M. H. Barrough and Clint Ballard, assisted by a male quartet, gave an enjoyable musical at the Calvary-Houston Square Baptist church on Tuesday night.

* * *

Musical

Miss Elizabeth Garrett, assisted by Miss Virginia L. Bean, Mrs. Gertrude Ellis Moore and Mrs. V. L. Bean, gave an excellent program in recital under the auspices of the Woman's club at the chamber of commerce on Tuesday night. Miss Garrett is, as she says, "A New Mexican by birth, but an El Pasoan at heart." She lived in this city several years ago and has always been a favorite with the music loving public. Miss Garrett, who is blind, has wonderful technique and a touch which is thoroughly musical. Her voice is clear, sweet and sympathetic, with a splendid range. She plays her own accompaniments and composes beautifully, several numbers of which she gave in her program of Tuesday night. Her first numbers were a group of songs, "Fulfillment," "Charity" and "The Pine"; the first two were by McDermid and the last by Woodman. Miss Bean gave, as her first violin number, "Adagio," by Franz Ries, and was accompanied by her mother, Mrs. V. L. Bean. She gave as her encore number "Serenade de Badine." The next group of songs by Miss Garrett were her own compositions, "Now the Summer's Ended," "Rain Drops" and "Christmas Bells." Before Miss Garrett played these numbers, she announced that they had been written especially for children and that in composing for them she made the accompaniments as realistic as possible. These were all beautiful, and the "Rain Drops" particularly realistic. The "Mesilla Valley Songs," by Miss Garrett, were very good and she has written the refrain in Spanish. Mrs. Gertrude Ellis Moore played "Romance," by Grunfeld, and responded with an encore, "Marche Mignon," by Poldini. Miss Garrett's next number was "Sunlight," by Harriet Ware. Miss Bean played "Tziganze," by Gabriel Marie and her encore number was "Norwegian Melodie," by William Waddell Nelson. Miss Garrett's last number, a group of old favorite songs, were "Annie Laurie," "The Mocking Bird" and "Bonnie Doone." Miss Garrett responded many times through the program with encores, among the numbers being "Roses," another of her compositions. Miss Bean, Mrs. Moore and Mrs. Bean are well known musicians of the city and are always enjoyed to the fullest.

About El Pasoans

J. X. Strand, who has been attached to the local immigration service, has been transferred to San Francisco.

* * *

James Magoffin is very ill at Hotel Dieu.

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Mr. and Mrs. G. M. Crombie and daughter, Miss Sue, and Mr. and Mrs. Harris Walthall, have moved from 915 Montana street to 1319 Montana street.

* * *

James Magoffin, son of judge Joseph Magoffin, was operated on at a local hospital Monday night and his condition was considered serious for a short time, but he is reported to be much improved.

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Born, to Mr. and Mrs. Lew Videl, jr., a son.

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Mr. and Mrs. J. C. Beavelle will move this week into their new home at 2705 Boulevard. This was recently completed by the Mayfield Building and Improvement company at a cost of $4885. The house contains five rooms, has a mission finish interior with the builtin features and is constructed of yellow brick. The house is built on two lots.

* * *

D. E. McNall is ill at his home, 1401 Myrtle avenue. Mr. McNall is threatened with pneumonia.

You want to look your best at the various Christmas festivities. You will, if we dress your hair. Elite Parlors, 216 Texas St.—Advertisement.

El Pasoans Returning

Harry Ponsford, of El Paso, who is attending Columbia university, in New York city, will arrive on Saturday to spend the Christmas holidays with his parents, Mr. and Mrs. H. T. Ponsford.

* * *

Guy Hammett Davis, of El Paso, who is attending the Thatcher school, in Nordhoff, Calif., will return home on Saturday to spend the Christmas holidays with his mother, Mrs. Benjamin Lewis Farrar, and Mr. Farrar.

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Ray Peyton has returned from Lexington, Ky.

* * *

Dr. I. C. Olden and family have returned to El Paso from Dona Ana, N. M., and will make their home here.

TAKE SALTS TO FLUSH KIDNEYS

Eat less meat if you feel Backachy or Bladder troubles you—Salts is fine for Kidneys.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Advertisement.

Hot Cakes-Um!

No lie-a-beds to call and call when **Aunt Jemima's** pancakes are on the table. **Aunt Jemima's**—that's enough. They know that **Aunt Jemima's** means the dandiest hot cakes ever. And they'll all be down in time to get those delicious, tempting cakes as they come hot from the griddle.

There's nothing that's more welcome. Spread thick with good, fresh butter and lots of syrup, **Aunt Jemima's** are simply **great.** And they're just a minute's work. Have 'em to-morrow. You can't give the folks anything they like better.

Reg. U. S. Pat. Off.

At your grocer's—in the bright red package. And save the top—it's good for one of the funny Aunt Jemima Rag Dolls.

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